

2025

Community Profile



Your Health. **OUR PURPOSE.**





Welcome

TO SOUTH TEXAS HEALTH SYSTEM

At **South Texas Health System**®, the health of you and your family is our top priority. It drives everything we do and inspires us to be among the nation's leaders in healthcare.

Our integrated network of care is comprised of four acute care and behavioral health facilities, seven freestanding emergency departments, 50+ affiliated physician practices and a broad variety of outpatient clinics and services. Year after year, we are recognized for the quality of care we provide. In fact, South Texas Health System has received accreditations and awards for excellence in a wide range of areas, including patient safety, heart, stroke, women's services, robotic surgery and more.

While accolades like these are a welcome affirmation of the high level of healthcare we provide, our driving goal is not fueled by a desire for recognition, however well deserved. Instead, we remain steadfast in our commitment to a single goal – providing the people of the Rio Grande Valley with the quality and compassionate care they need, when and where they need it most.

Whether helping deliver a new addition to one's family, performing a lifesaving cardiovascular procedure or neurosurgery, restoring limb circulation, treating a hard-to-heal wound or conducting robotic or pediatric spine surgery, we strive to achieve excellence in everything we do.

The physicians who choose to practice at South Texas Health System truly make us special. They have the talent and dedication that bring to life things like our surgical robots, our Level I Trauma and Comprehensive Stroke programs, our 3T MRI, our comprehensive pediatric asthma program and more.

Through our many educational affiliations and our own graduate medical education program, we are helping to train the next generation of healthcare providers including physicians, nurses, therapists and others in the field of allied health.

In addition to the more than 850 physicians in specialties ranging from primary care and neurosurgery to behavioral health, our system comprises more than 3,300 employees and more than 200 volunteers, making South Texas Health System the largest healthcare system south of San Antonio.



South Texas Health System

Your Health. **OUR PURPOSE.**

South Texas Health System is a regional multi-facility system that has earned a reputation for excellence in providing quality healthcare to residents of the Rio Grande Valley. We offer a comprehensive array of medical services including: behavioral health, cardiovascular, emergency, maternity/women's health, pediatrics, surgical care and trauma, along with specialty services in chest pain, diabetes, neuroendovascular care/neurosurgery, orthopedics, physical rehabilitation and wound care.

South Texas Health System has compiled a distinguished list of firsts:

- First to offer private behavioral health inpatient treatment in the Rio Grande Valley
- First neonatal surgery center in the four-county region
- First designated Level II Trauma Center in Hidalgo County, now a Level I Trauma Center
- First dedicated pediatric facility and pediatric emergency room in the Rio Grande Valley
- First and only dedicated heart facility in the Rio Grande Valley, complete with a dedicated cardiac emergency room
- First freestanding emergency departments (ERs) in Texas to be certified in emergency cardiac care and chest pain management
- First ERs in Texas to be certified by The Joint Commission as Acute Stroke Ready Hospitals
- First Intensive Cardiac Rehabilitation Program in South Texas
- First Graduate Medical Education program to recruit, train and retain physicians in the Rio Grande Valley



South Texas Health System also provides community outreach programs. Call the STHS Marketing Department at 956-388-2020 for information on our health and wellness programs and events for individuals of all ages.

South Texas Health System Boosts Local Economy

In addition to its significant impact on the health of the community, South Texas Health System provides a boost to the local economy through a wide range of job opportunities. In 2024, the system continued to meet the needs of the community:

Patient Medical Care

Admissions:	29,396	Knee Replacements:.....	3
Deliveries:	2,025	Surgeries:	18,620
Emergency Visits:.....	250,593	Robotic Surgeries:.....	1,104
Hip Replacements:.....	113	Non-ER Outpatient Visits:	99,554



The System Family

Employees:	3,359
Physicians on Staff:	854
Volunteers:	225



Financial Impact

Capital Investment:	\$33.7 million
Local/State Taxes Paid:.....	\$11.1 million
Salaries, Wages, Benefits:	\$250 million
Uncompensated Care*:.....	\$936 million

*Uncompensated Care equals the sum of bad debt, charity care and uninsured discounts.

South Texas Health System At A Glance



South Texas Health System McAllen

With its Level I Trauma Center, South Texas Health System McAllen continues to advance trauma and critical care services for the community. As a certified Comprehensive Stroke Center, we treat the most critical stroke cases in our endovascular suite and provide nationally recognized neuroendovascular care and physical rehabilitation services. What's more, the facility offers a Level III Neonatal Intensive Care Unit to care for newborns with critical issues, as well as a Breast Imaging Center of Excellence, interventional radiology lab and robotic surgery program.

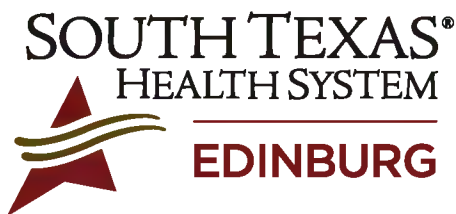
southtexashealthsystemmcallen.com



South Texas Health System Heart

With a commitment to investing in advanced technologies, South Texas Health System Heart features four catheterization laboratories, including a hybrid space that can be quickly converted to an operating room to best serve patients with more complex cardiac needs. Physicians use three-dimensional videoscopes to obtain a 360-degree view of the heart and vascular system during surgery. The facility offers advanced procedures like TAVR to help treat severe cardiac issues. Additionally, surgeons perform minimally invasive robotic procedures using the facility's da Vinci® Robotic Surgical System. The facility is also home to the first Intensive Cardiac Rehab program south of San Antonio.

southtexashealthsystemheart.com



South Texas Health System Edinburg

As a designated Level IV Trauma Center, accredited Chest Pain Center and certified stroke center, South Texas Health System Edinburg, which doubled in size with the opening of its new patient tower in Summer 2022, serves the critical healthcare needs in our community. Here, patients will find the Maternity Center at STHS Edinburg, part of the facility's The Women's Corner, featuring an inviting environment, numerous amenities and family-centered maternity care. In addition to the community's 3T MRI imaging suite and women's imaging suite, we are proud to offer nationally recognized robotic surgery and other minimally invasive procedures, as well as advanced wound care and sleep study and treatment services.

southtexashealthsystemedinburg.com

Inpatient Physical Rehabilitation at STHS Edinburg and STHS McAllen

These nationally recognized programs — certified by The Joint Commission and accredited for stroke and cardiac care — provide comprehensive physical rehabilitation care for adults through intensive physical, occupational and speech therapy services. Working with a specialized physician, efforts are coordinated to help patients reach their highest level of function and independence.

Learn more at southtexashealthsystemedinburg.com and southtexashealthsystemmcallen.com



South Texas Health System Children's

Opened in March 2006, South Texas Health System Children's is the Rio Grande Valley's first pediatric facility offering the region's largest dedicated Pediatric Emergency Department and largest Pediatric Intensive Care Unit. In addition to being home to an asthma program certified by The Joint Commission, it features pediatric subspecialists who provide advanced care in: cardiology, gastroenterology, infectious disease, neurology, otolaryngology (ear, nose and throat), radiology and surgery. It is home to an in-hospital Ronald McDonald House Family Room, two pediatric playrooms, a virtual playroom and outdoor healing courtyard.

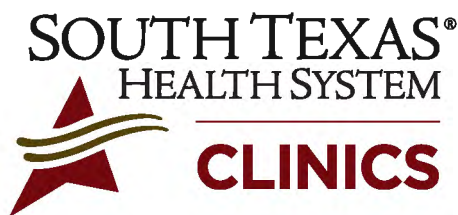
southtexashealthsystemchildrens.com



South Texas Health System Behavioral

South Texas Health System Behavioral serves the community with compassionate care and services tailored to children, teens and adults. Programs are designed to treat a wide range of behavioral health conditions and addictive behaviors. Staff members develop individualized treatment plans to lead patients on the path to recovery. Outpatient programs such as the partial hospitalization program and the intensive outpatient program can assist with ongoing improvement of mental health or help an individual through a specific crisis. In addition, the facility hosts various community outreach and mental health awareness events, including its monthly Let's Talk Mental Health webinar series.

southtexashealthsystembehavioral.com



South Texas Health System Clinics

Providers affiliated with South Texas Health System Clinics deliver high quality family medicine, health screenings and advanced specialized care – including cardiology, gastroenterology, chronic pain, obesity medicine, orthopedics and more – to the people of the Rio Grande Valley. Clinics are located throughout the region and offer both in-office and virtual visits, as well as a variety of appointment options, including same-day and next-day appointments*.

sthsclinics.com

*Options may vary by provider.

South Texas Health System Is a Value-Based Care Organization

What is value-based care and what does it mean for patients? Value-based care is a healthcare delivery model in which providers, including hospitals and physicians, are paid based on patient health outcomes. Value-based care seeks to advance the triple aim of providing better care for individuals, improving population health management strategies and reducing healthcare costs.



Comprehensive Healthcare Services

Acute Care for the Elderly
 Acute Inpatient Services
 Air Ambulance/Helipad
 Angioplasty
 Antepartum
 Asthma Center
 Bariatric Surgery
 Behavioral Health
 Biventricular Implants
 Cardiac Catheterization
 Cardiovascular Diagnostics
 Cardiovascular/
 Open Heart Surgery
 Case Management
 Chest Pain Centers
 Congestive Heart
 Failure Program
 CT Scan
 Dialysis
 Drug and Alcohol Medical
 Stabilization Program
 Ear, Nose and Throat
 Electrophysiology Studies
 Emergency Care

Endocrinology
 Endoscopy Services
 Family Medicine
 Residency Clinic
 General Surgery
 Gynecological Surgery
 Inpatient Occupational
 Therapy
 Inpatient Physical Therapy
 Inpatient Speech Therapy
 Intensive Cardiac Rehab
 Intensive Care Units
 Intensive Outpatient
 Treatment/
 Behavioral Health
 Intermediate Care Unit
 Interventional Radiology
 Intravascular Ultrasound
 Labor & Delivery
 Laboratory/Pathology
 Level I Newborn Nursery
 Levels II & III NICU
 Mammography-Digital
 Maternal Triage Services

Maternity Services
 Medical ICU
 MRI
 Neuroendovascular Care
 Neurosurgery
 Nuclear Medicine
 Oncology Care
 Oncology Surgery
 Orthopedic Surgery
 Outpatient Pediatric Surgery
 Outpatient Rehabilitation
 Outpatient Surgery
 Pacemaker/Defibrillator
 Pediatric Care
 Pediatric Comprehensive
 Services
 Pediatric Ear, Nose
 and Throat
 Pediatric ER
 Pediatric ICU
 Pediatric Sedation/Imaging
 Services
 Pediatric Surgery

Peripheral Vascular
 Diagnosis/Intervention
 Pharmacy
 Podiatry
 Pulmonary Care
 Radiology
 Rehabilitation
 Respiratory Care
 Robotic-Assisted Surgery
 Sleep Studies
 Stroke Centers
 Surgical ICU
 Telemetry
 Thoracic Surgery
 Transcatheter Aortic Valve
 Replacement (TAVR)
 Trauma Care
 Urology
 Vascular Surgery
 Women's Services
 Wound Care &
 Hyperbarics
 X-Ray/Fluoroscopy

Specialty Services

South Texas Health System Outpatient Rehabilitation Centers

Patients recovering from an injury or illness can receive individualized care at the South Texas Health System McAllen Outpatient Rehabilitation Center or the South Texas Health System Edinburg Outpatient Rehabilitation Center. **Call the McAllen location at 956-971-5640 or the Edinburg location at 956-420-3800.**

South Texas Health System Intensive Cardiac Rehabilitation Program

South Texas Health System Heart has collaborated with Pritikin Intensive Cardiac Rehab to launch the South Texas Health System Intensive Cardiac Rehabilitation Program to provide the support and education patients need as they commit to a new, healthier lifestyle. **For more information, call 956-994-2770.**

South Texas Health System Wound Healing Center

With a specialized team and advanced treatment options including hyperbaric therapy (HBOT), the Wound Healing Center at South Texas Health System Edinburg enables patients suffering from slow or non-healing wounds to receive the important care they need. **To schedule an appointment, please call 956-388-2700.**

South Texas Health System Bariatric Weight Loss Surgery Center

The South Texas Health System Bariatric Weight Loss Surgery Center offers hope and support for a healthier lifestyle, with a dedicated team helping patients achieve and maintain their weight-loss goals. **For more information, call 956-644-1616.**

South Texas Health System Sleep Center

The South Texas Health System Sleep Center offers comprehensive sleep study sessions for both adults and children to help diagnose and treat a wide range of sleep disorders. **For more information, call 956-213-0403.**



South Texas Health System Find a Doctor Portal

To find a primary care physician or specialist and/or make an appointment, call **800-879-1033** or visit **doctors.southtexashealthsystem.com**.

For information about South Texas Health System services, facilities, classes, events and more, visit **southtexashealthsystem.com**.

Veterans' Program

South Texas Health System has a rich history as a VA-contracted hospital in Hidalgo County, proudly providing behavioral health, emergency, inpatient and outpatient services to veterans since 2009. We consider it a privilege to offer healthcare services to our military veterans and their family members close to home.

Freestanding Emergency Departments (ERs)

South Texas Health System's freestanding ERs are open 24 hours per day, 365 days per year, unlike most urgent care centers that are open just 8 to 16 hours per day. All are staffed with medical personnel and equipped with diagnostic technology similar to that available in South Texas Health System's larger facility ERs.

Our freestanding ERs treat emergency medical conditions typically beyond the scope of treatment for most urgent care centers or night clinics. They include, but are not limited to: abdominal pain, orthopedic injuries and respiratory distress, as well as stabilizing care for head injuries, heart attacks and strokes.

Our neighborhood ERs can provide stabilizing treatment equivalent to any hospital-based ER. In addition, the facilities offer a comprehensive range of outpatient diagnostic and laboratory services including: bone density and computer tomography (CT) scanning, digital mammography (select sites), digital X-rays and laboratory tests.

Health Checks & Screenings with Limited Wait Times

Diagnostic, imaging and lab appointments are available on a same-day, walk-in basis or through advance registration*. Discounted rates are available for cash payments.

Advanced Stroke Certification

South Texas Health System's seven* Freestanding Emergency Departments have each earned an Acute Stroke Ready Hospital certification by The Joint Commission.

Advanced Cardiac Care

All South Texas Health System ERs are certified in Chest Pain Management by The Joint Commission.

ER Visits Just Got Easier

South Texas Health System provides online ER wait times and Request a Time capabilities at our freestanding ERs for non-life-threatening illnesses or injuries**.

To find out wait times at each of our freestanding ERs or to request a time up to 12 hours in advance (and wait in the comfort of your own home), visit southtexashealthsystem.com/er.

*Except for ER Pharr, which opened in October 2024.



* Insurance requiring authorization may result in wait time for approval prior to completing the scan.

**ER Wait Time is an average provided for informational purposes only. Request a Time should be used only if you decide your care can wait until the time you select. Do not wait if your symptoms or conditions worsen or if you need immediate care since delays may complicate your condition. If you are unsure of your condition or if your condition worsens, then please go to the nearest emergency room or call 9-1-1.

Community Impact Summary

STHS GME Consortium

Founded in 2022 to create GME residency and fellowship opportunities to medical students throughout the world, the STHS GME Consortium provides an opportunity for residents to receive specialized training in a medically underserved community. The program is based out of South Texas Health System's network of acute care and behavioral health facilities, namely STHS McAllen, STHS Edinburg, STHS Children's, STHS Heart and STHS Behavioral. The consortium is affiliated with Texas A&M University, ASAS Health and Nuestra Clinica del Valle.

Residency Programs include:

- Emergency Medicine
- Family Medicine
- Internal Medicine
- Transitional Year

Education

South Texas Health System maintains affiliation agreements with multiple institutions of higher learning, serving as a site for clinical rotations for students of nursing, medicine, physical therapy, nutrition, respiratory, radiology, pharmacy and other allied health sciences. Current affiliation agreements include: Abilene Christian University, Baylor University, Grand Canyon University, Loma Linda University, Our Lady at the Lake University, Saint James School of Medicine, South Texas College, Texas A&M University, Texas Southmost College, Texas State Technical College, Texas State University, Texas Women's University, University of Incarnate Word, University of Texas at Arlington, University of Texas at Austin, University of Texas at El Paso, University of Texas at Galveston, University of Texas at Tyler, University of Texas Health Science Center at Houston, University of Texas Health Science Center at San Antonio and University of Texas Rio Grande Valley, along with other colleges and universities nationwide.

Dedicated to the Community

South Texas Health System generously donates time and resources to multiple and varied organizations in the South Texas area including:

- Alamo Chamber of Commerce
- Boys & Girls Clubs of Edinburg
- Boys & Girls Clubs of McAllen
- Capable Kids Foundation
- Catholic Charities of the Rio Grande Valley
- City of Edinburg Police Department
- City of McAllen Police Department
- City of Pharr Police Department
- Court Appointed Special Advocates (CASA) of Hidalgo County
- Edinburg Chamber of Commerce
- Food Bank of the Rio Grande Valley
- Greater Mission Chamber of Commerce
- McAllen Chamber of Commerce
- McAllen Independent School District
- McAllen Wind Ensemble
- Mission Consolidated Independent School District
- National Hispanic Professionals Organization
- Pharr Economic Development Corporation
- Pharr-San Juan-Alamo ISD
- Prominence Health
- Quinta Mazatlan
- Region One Education Service Center
- RGV Partnership
- Rio Grande City Rotary Club
- Rio Grande Valley Hispanic Chamber of Commerce
- Ronald McDonald House Charities® of South Texas
- South Texas College
- South Texas Juvenile Diabetes Association
- STC Foundation
- Teach For America RGV
- United Way® of South Texas
- University of Texas Rio Grande Valley
- Valley Initiative for Development and Advancement
- Valley Symphony Orchestra
- Vanguard Academy
- Weslaco Area Chamber of Commerce

Recognition: Accreditations and Awards

South Texas Health System & Its Leadership

All South Texas Health System facilities are accredited by The Joint Commission, the highest healthcare standards-setting organization in the nation, and licensed by the State of Texas.



South Texas Health System Edinburg has been named a Best Regional Hospital in McAllen Metro by *U.S. News & World Report* for three years in a row (2023, 2024, 2025).

Bariatric Weight Loss Surgery Center

South Texas Health System Heart is designated as a fully accredited Bariatric Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).



Behavioral Health

South Texas Health System Behavioral received *The Monitor's* Readers' Choice Award for Best Behavioral Hospital for 12 years, including 2024.



Breast Care

STHS McAllen & STHS Edinburg have earned the 2025 Women's Choice Award for America's Best Hospitals for Comprehensive Breast Care.



Cardiac Care

South Texas Health System Heart received Chest Pain Center with PCI Accreditation from the American College of Cardiology.



ACC
Accreditation
Services



In collaboration with
American Heart Association
Hospital Accreditation



South Texas Health System Edinburg and South Texas Health System McAllen have received Chest Pain Management certification by The Joint Commission.

South Texas Health System Edinburg has also been awarded High Performing Hospital for Heart Failure (2023-24) and High Performing Hospital for Heart Attack (2023-24) by *U.S. News & World Report*.

All seven* South Texas Health System Freestanding Emergency Departments (FEDs) have received Chest Pain Management certification by The Joint Commission.

*Except for ER Pharr, which opened in October 2024.

Healthgrades®, a U.S. company that evaluates healthcare quality, has named South Texas Health System Heart:

TWO YEARS IN A ROW



TWO YEARS IN A ROW



Emergency & Trauma Care

South Texas Health System McAllen is verified as a Comprehensive Level I Trauma Center.



THE
COMMITTEE
ON TRAUMA

VERIFIED
TRAUMA
CENTER

STHS Edinburg and STHS Heart are designated as Level IV Trauma Centers (Texas Department of State Health Services).

South Texas Health System McAllen has been recognized as a Five-Star Recipient for Gallbladder Removal Surgery for four years in a row (2021-2024) by Healthgrades.

FOUR YEARS IN A ROW



Laboratory Services

All South Texas Health System laboratories are accredited by the College of American Pathologists for meeting or exceeding the most scientifically rigorous customized checklist requirements.

Maternity Care

STHS Edinburg and STHS McAllen participate in the Texas Ten Step program. The Department of State Health Services (DSHS), in collaboration with the Texas Hospital Association, developed the program as a method to improve maternity care practices in birthing facilities. Policy development, education of staff and provision of discharge resources for breastfeeding mothers are key initiatives.



TEXAS 10 STEP
PROGRAM

Breastfeeding. First step toward
a healthy life.

Orthopedics

STHS Edinburg and STHS McAllen were recognized by Healthgrades as a Five-Star Recipient for Hip Fracture Treatment for five years in a row (2021-2025).

South Texas Health System Edinburg and South Texas Health System McAllen were recognized as a Five-Star Recipient for Spinal Fusion Surgery in 2024.

Pediatric Asthma

The Asthma Program at South Texas Health System Children's is certified by The Joint Commission for providing quality care, treatment and services. It was the first in Texas and second in the nation to be designated as a Center of Excellence.

Radiology Services

South Texas Health System Edinburg is recognized by the American College of Radiology (ACR) for meeting strict certification standards.



South Texas Health System McAllen is accredited in MRI and Nuclear Medicine by the ACR.

Rehabilitation Services

The stroke and cardiac rehabilitation programs at South Texas Health System Edinburg and South Texas Health System McAllen have been certified by The Joint Commission.

South Texas Health System's Inpatient Rehabilitation Units rank in the top 10% of Inpatient Rehabilitation Facilities in the United States per the Uniform Data System for Medical Rehabilitation for three consecutive years (2021-2023).

Robotic-Assisted Surgery

South Texas Health System Edinburg has been named a Center of Excellence in Robotic Surgery, Minimally Invasive Surgery and Hernia Surgery by Surgical Review Corp.



Stroke Care & Treatment

The South Texas Health System Neurosciences & Stroke Institute has received the following accreditations:

The American Heart Association®/ American Stroke Association®'s Get With The Guidelines® Stroke Gold Plus Achievement Award with Honor Roll Elite and Target: Type 2 Diabetes Honor Roll in 2023.



South Texas Health System McAllen has received a Comprehensive Stroke Center certification from DNV and a Comprehensive (Level I) Stroke Facility designation from the Texas Department of State Health Services.

South Texas Health System Edinburg and South Texas Health System



American Heart Association
American Stroke Association
CERTIFICATION
Meets standards for
Primary Stroke Center

Heart have been designated as Primary (Level II) Stroke Facilities by the state and each has been certified as a Primary Stroke Center by The Joint Commission.

Six of South Texas Health System's seven Freestanding Emergency Departments have each earned an Acute Stroke Ready Hospital certification by The Joint Commission.

South Texas Health System 2024 MILESTONES

1 South Texas Health System Opens 7th Freestanding Emergency Department

To help meet the growing need for emergency medical services in the City of Pharr and the communities in the southern parts of Hidalgo County, South Texas Health System opened its seventh freestanding emergency department in October 2024. The 10,500-square-foot facility features nine treatment spaces, including six private exam rooms and three spaces unique to STHS ER Pharr: a trauma room for swift stabilization of patients with higher acuity conditions; a room designed for safe handling and mobility for patients with excess weight; and a decontamination room where staff can work closely with first responders to remove or neutralize hazardous materials.

2 South Texas Health System McAllen Expands Stroke Care Capabilities

STHS McAllen's Comprehensive Stroke Center, which performed 47 Mechanical Thrombectomies in 2024, has been officially certified as a Thrombectomy-Capable Stroke Center by The Joint Commission, a non-profit organization committed to advancing safety and quality, as well as transforming healthcare, by encouraging, empowering and supporting healthcare organizations to embrace quality improvement.

The advanced certification, awarded in collaboration with the American Heart Association and the American Stroke Association, recognizes facilities like STHS McAllen that meet rigorous standards for performing endovascular thrombectomies and provide clinical programs across the continuum of care for stroke patients.

3 South Texas Health System Children's Expands Pediatric Neurosurgery Services

In partnership with renowned pediatric neurosurgeon Mark Lee, MD, PhD, STHS Children's has officially expanded its services to offer dedicated pediatric neurosurgical care for the first time in the Rio Grande Valley. One in five children live with a neurologic condition, according to the Child Neurology Foundation, and the number of neurosurgeons available to treat them remains scarce. This new service offering provides local support for children living with neurological disorders such as cerebral palsy and spina bifida, as well as those with brain and spinal tumors.

4 South Texas Health System Edinburg Pioneers Groundbreaking PAD Treatment

In August 2024, STHS Edinburg became the first facility in the four-county region to complete a percutaneous transluminal arterial bypass (PTAB) procedure with the DETOUR. This minimally invasive procedure enables physicians to bypass lesions in the superficial femoral artery to restore blood flow to the leg. It offers new hope to local residents living with peripheral artery disease (PAD), which reduces blood flow to the arms and legs, may lead to amputation and has a high mortality rate.

5 South Texas Health System Edinburg Opens New Outpatient Rehab Center

To expand on its promise of providing a continuum of quality, compassionate care to the people of the Rio Grande Valley beyond the hospital setting, STHS Edinburg opened its new home for outpatient rehabilitation services in August 2024. Located in North McAllen, the STHS Edinburg Outpatient Rehabilitation Center is more than double the size of the previous location, allowing us to serve a much greater number of patients with enhanced physical, occupational and speech therapy.

6 South Texas Health System GME Consortium Launches Three New Residency Programs

The STHS GME Consortium, which works to help counteract a physician shortage in the Rio Grande Valley by providing programs to train the next generation of physicians, saw three new residency programs come to life in 2024: Emergency Medicine, Internal Medicine and Family Medicine. These programs give STHS the opportunity to attract talented medical residents and provide them with high-quality training and education.

7 South Texas Health System Heart Celebrates 200 Robotic Surgeries

One year after launching its robotics program, STHS celebrated the completion of its 200th robotic surgery using the da Vinci® Xi® Robotic Surgical System in May 2024. Performed by general surgeon Michael Martinez, MD, the 200th robot-assisted surgery was a cholecystectomy, a common procedure to remove the gallbladder. The da Vinci Xi is designed to expand a surgeon's capabilities beyond their eyes and hands, providing a highly magnified, high-resolution image of the operating field, better access to the area being operated on and a greater range of motion and dexterity.

FACILITIES AND FREESTANDING EMERGENCY DEPARTMENTS:

- 1 South Texas Health System McAllen**
301 W. Expressway 83 • McAllen, TX 78503
956-632-4000
southtexashealthsystemmcallen.com
- 2 South Texas Health System Heart**
1900 South D St. • McAllen, TX 78503
956-994-2000
southtexashealthsystemheart.com
- 3 South Texas Health System Edinburg**
1102 W. Trenton Road • Edinburg, TX 78539
956-388-6000
southtexashealthsystemedinburg.com
- 4 South Texas Health System Children's**
1102 W. Trenton Road • Edinburg, TX 78539
956-388-6800
southtexashealthsystemchildrens.com
- 5 South Texas Health System Behavioral**
2102 W. Trenton Road • Edinburg, TX 78539
956-388-1300
southtexashealthsystembehavioral.com
- 6 South Texas Health System ER Alamo**
140 E. Frontage Road • Alamo, TX 78516
956-403-5100
sthseralamo.com
- 7 South Texas Health System ER McColl**
4702 S. McColl • Edinburg, TX 78539
956-213-2600
sthsermccoll.com
- 8 South Texas Health System ER Mission**
900 E. Expressway 83 • Mission, TX 78572
956-271-1200
sthsermission.com
- 9 South Texas Health System ER Monte Cristo**
3615 N. Interstate 69C • Edinburg, TX 78541
956-259-2100
sthsermontecristo.com
- 10 South Texas Health System ER Pharr**
435 W. Ridge Rd. • Pharr, TX 78577
956-403-5550
sthserpharr.com
- 11 South Texas Health System ER Ware Rd.**
3700 W. Nolana Ave. • McAllen, TX 78504
956-213-2700
sthserwarerod.com
- 12 South Texas Health System ER Weslaco**
330 W. Expressway 83 • Weslaco, TX 78599
956-975-2300
sthserweslaco.com



INPATIENT REHABILITATION:

Inpatient Rehabilitation Center (Edinburg)
1102 W. Trenton Rd.
Edinburg, TX 78539
956-207-7036

Inpatient Rehabilitation Center (McAllen)
301 W. Expressway 83
McAllen, TX 78503
956-566-4347

OUTPATIENT CLINICS:

McAllen Family Medicine Residency Center
205 E. Toronto Ave.
McAllen, TX 78503
956-687-6155

Bariatric Weight Loss Surgery Center (Heart)
416 Lindberg Ave. • Suite B
McAllen, TX 78501
956-664-1616

South Texas Health System Sleep Center
5416 S. Jackson Rd. • Suite A
Edinburg, TX 78539
956-213-0403

Intensive Cardiac Rehabilitation Program (McAllen)
500 E. Ridge Rd. • Suite 200
McAllen, TX 78503
956-994-2770

Outpatient Rehabilitation Center (Edinburg)
7112 N. 10th St. • Suite 120
McAllen, TX 78504
956-420-3800

Outpatient Rehabilitation Center (McAllen)
1800 S. 5th St. • Suite B
McAllen, TX 78503
956-971-5640

South Texas Health System Wound Healing Center
4302 S. Sugar Rd. • Suite 101
Edinburg, TX 78539
956-388-2700



For more information about our commitment to the South Texas community, please call the Marketing Department at **956-388-2020** or visit southtexashealthsystem.com